








Good Food Club Events for September 2020



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2  185 YoungSt Rink 2-4pm Order Deadline for Sept 9	3 Virtual Farm Trip 11:00am-12:00pm ONLINE ZOOM EVENT	4 GFC Office Closed	5
6	7 Labour Day Office closed	8 GFC Healthy Seniors & Friends Group Meeting 1:30-3:00pm ONLINE ZOOM EVENT HAMPER DELIVERY	9  185 YoungSt Rink 2-4pm Order Deadline for Sept 16	10	11 GFC Office Closed	12
13	14	15 Chair Yoga & Meditation Class 2:00-3:00pm ONLINE ZOOM EVENT *Note time change	16  185 YoungSt Rink 2-4pm Order Deadline for Sept 23	17 Virtual Farm Trip 11:00am-12:00pm ONLINE ZOOM EVENT	18 GFC Office Closed	19
20	21	22  HAMPER DELIVERY	23  185 YoungSt Rink 2-4pm Order Deadline for Sept 30	24	25 GFC Office Closed	26
27	28	29 Chair Yoga & Meditation Class 2:00-3:00pm ONLINE ZOOM EVENT *Note time change	30  185 YoungSt Rink 2-4pm		