



# Good Food Club Events for December 2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 Bead Along with Me 1:15-3:30pm 222 Furby, basement	4 Mini Market & Good Food Box Pickup 3-6pm 185 Young St	5	6	7
8	9 GFC Office Closed	10 GFC Healthy Seniors & Friends Group Meeting 1:30-2:30pm 222 Furby, Basement Kitchen Exercise Class: Chair Yoga & Meditation 2:30-3:15pm 222 Furby, Basement Kitchen	11 Holiday Community Dinner 5:30-8pm 185 Young St	12	13 GFC Office Closed	14
15	16	17	18 Mini Market & Good Food Box Pickup 3-6pm 185 Young St	19 GFC Office Closed	20 Hamper Volunteers Needed 9am-5pm (call to sign up)  GFC Office Closed	21
22	23 GFC Office Closed 	24 GFC Office Closed	25 GFC Office Closed 	26 GFC Office Closed  	27 GFC Office Closed	28
29	30 GFC Office Closed	31 Happy New Year!  GFC Office Closed				

For more info visit: <http://www.westbroadway.mb.ca/good-food-club>

call: (204) 774-7201 ext 6

Facebook: <https://www.facebook.com/goodfoodclubwpg/>

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