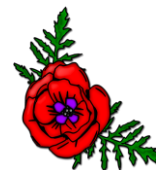









# Good Food Club Events for November 2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b> GFC Office Closed	<b>2</b>
<b>3</b> Daylight Savings Time Ends Turn your clocks back 	<b>4</b>	<b>5</b> Bead Along with Me 1:00-3:30pm 222 Furby, basement kitchen	<b>6</b> GFC Mini Market & Good Food Box Pickup 3-6pm 185 Young St	<b>7</b>	<b>8</b> GFC Office Closed	<b>9</b>
<b>10</b>	<b>11</b> Remembrance Day  GFC Office Closed	<b>12</b> GFC Healthy Seniors Group Meeting 1:00-2:30pm 222 Furby, Basement Kitchen Exercise Class: Chair Yoga & Meditation 2:30-3:15pm 222 Furby, Basement Kitchen	<b>13</b> Kids Cooking 4-6pm 185 Young Street	<b>14</b> Good Food Box Order deadline 11am	<b>15</b> GFC Office Closed	<b>16</b> Santa Claus Parade starts at Portage & Young St 5:00pm 
<b>17</b>	<b>18</b>	<b>19</b> Bead Along with Me 1:00-3:30pm 222 Furby, basement kitchen	<b>20</b> GFC Mini Market & Good Food Box Pickup 3-6pm 185 Young St	<b>21</b>	<b>22</b> GFC Office Closed	<b>23</b>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b> Kids Cooking 4-6pm 185 Young Street	<b>28</b> Good Food Box Order deadline 11am	<b>29</b> LITE Pancake Breakfast (\$1 to save spot in van)	<b>30</b> NEXT MARKET: Wed, Dec 4/19

For more info visit: <http://www.westbroadway.mb.ca/good-food-club> call: (204) 774-7201 ext 6  
 Facebook: <https://www.facebook.com/goodfoodclubwpg/> email: [goodfoodclub@westbroadway.mb.ca](mailto:goodfoodclub@westbroadway.mb.ca)