







# Good Food Club Events for April 2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> 	<b>2</b>	<b>3</b> GFC Mini Market & Good Food Box Pickup 3-6pm 185 Young St	<b>4</b> <b>Get Better Together</b> 1:00-3:30pm 545 Broadway Board Room* <b>SESSION FULL</b>	<b>5</b> GFC Office Closed	<b>6</b>
<b>7</b>	<b>8</b> <b>Bead Along with Me 12:30-3:30pm</b> 545 Broadway, Boardroom	<b>9</b> <b>GFC Healthy Seniors &amp; Friends Group Meeting</b> 1:30-2:30pm 545 Broadway, Boardroom <b>Exercise Class: Chair Yoga &amp; Meditation</b> 2:30-3:15pm 545 Broadway, Boardroom	<b>10</b> <b>Kids Cooking</b> <b>185 Young</b> <b>4-6 pm</b>	<b>11</b> <b>Box order Deadline</b> <b>11am</b>	<b>12</b> GFC Office Closed <b>Rent Assist &amp; Other Benefits Workshop</b> 2-3pm, 545 Broadway, Boardroom Call 774-7201 ext 7 for details	<b>13</b>
<b>14</b>	<b>15</b> <b>Rent Assist &amp; Other Benefits Workshop</b> 4-5pm, 545 Broadway, Boardroom Call 774-7201 ext 7 for details	<b>16</b> <b>Moon Cycle Seeding Workshop</b> 11:00am - Noon 545 Broadway, Boardroom	<b>17</b> GFC Mini Market & Good Food Box Pickup 3-6pm 185 Young St	<b>18</b>	<b>19</b> <b>Good Friday</b> GFC Office Closed	<b>20</b>
<b>21</b> 	<b>22</b> <b>Easter Monday</b> GFC Office Closed <b>Earth Day</b> 	<b>23</b> <b>Fraud &amp; Scam Awareness Workshop</b> 1:00-2:00pm 545 Broadway, Boardroom	<b>24</b> <b>Kids Cooking</b> <b>185 Young</b> <b>4-6 pm</b>	<b>25</b> <b>Box order Deadline</b> <b>11am</b>	<b>26</b> GFC Office Closed	<b>27</b>
<b>28</b>	<b>29</b> <b>Bead Along with Me 12:30-3:30pm</b> 545 Broadway, Boardroom	<b>30</b> <b>Moon Cycle Seeding Workshop</b> 11:00am - Noon 545 Broadway, Boardroom		<b>Upcoming Markets:</b> Wed, May 1/19 Wed, May 15/19	<b>Save the Date: Farm Trip Info Session:</b> <b>May 2/19, 9am</b>	<b>Save the Date: Spring Cleanup: May 11/19</b>

For more info visit: <http://www.westbroadway.mb.ca/good-food-club> call: (204) 774-7201 ext 6  
 Facebook: <https://www.facebook.com/goodfoodclubwpg/> email: goodfoodclub@westbroadway.mb.ca