








# Good Food Club Events for February 2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b> GFC Office Closed	<b>2 Snoball Winter Carnival</b> 185 Young St 12-4pm 
<b>3</b>	<b>4</b>	<b>5</b> GFC office Closed for off-site programming	<b>6</b> GFC Mini Market & Good Food Box Pickup 3-6pm, 185 Young St	<b>7</b> GFC Body Positive Workshop Series: Love Starved Documentary 7:00-8:30pm 545 Broadway, Boardroom	<b>8</b> GFC Office Closed	<b>9</b>
<b>10</b>	<b>11</b>	<b>12</b> GFC Healthy Seniors & Friends Group Meeting 1:30-2:30pm 545 Broadway, Boardroom Exercise Class: Chair Yoga & Meditation 2:30-3:15pm 545 Broadway, Boardroom	<b>13</b> Kids Cooking 185 Young 4-6 pm	<b>14</b> GFC Body Positive Workshop Series: Valentine's Day Self Love Event 11-3pm (drop-in) 545 Broadway, Boardroom  Good Food Box Order deadline 11am	<b>15</b> GFC Office Closed	<b>16</b>
<b>17</b>	<b>18</b> <b>Louis Riel Day</b> Office Closed	<b>19</b>	<b>20</b> GFC Mini Market & Good Food Box Pickup 3-6pm, 185 Young	<b>21</b> Get Better Together 1:00-3:30pm 545 Broadway Board Room <b>*MUST REGISTER</b>	<b>22</b> GFC Office Closed	<b>23</b>
<b>24</b>	<b>25</b>	<b>26</b> Milk Jug Planting Workshop 10:00am-12:00pm 545 Broadway, Boardroom GFC Body Positive Workshop Series: Mental Health Awareness 1-3pm 545 Broadway, Boardroom	<b>27</b> Kids Cooking 185 Young 4-6 pm	<b>28</b> Get Better Together 1:00-3:30pm 545 Broadway Board Room <b>*MUST REGISTER</b>	<b>Upcoming Markets:</b> Wed, Mar 6/19 Wed, Mar 20/19	

For more info visit: <http://www.westbroadway.mb.ca/good-food-club> call: (204) 774-7201 ext 6  
 Facebook: <https://www.facebook.com/goodfoodclubwpg/> email: [goodfoodclub@westbroadway.mb.ca](mailto:goodfoodclub@westbroadway.mb.ca)