



# Good Food Club Events for January 2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1 Happy New Year!</b> GFC Office Closed	<b>2</b> GFC Office Closed	<b>3</b> Good Food Box Order deadline 11am GFC Office Closed	<b>4</b> GFC Office Closed	<b>5</b>
<b>6</b>	<b>7</b>	<b>8</b> GFC Money Management Workshop Series: Asset Building 3:00-4:30pm 545 Broadway, Boardroom	<b>9</b> GFC Mini Market & Good Food Box Pickup 3-6pm 185 Young St	<b>10</b>	<b>11</b> GFC Office Closed	<b>12</b>
<b>13</b>	<b>14</b> GFC Money Management Workshop Series: Credit 3-4:30pm 545 Broadway, Boardroom	<b>15</b> GFC Healthy Seniors & Friends Group Meeting 1:30-2:30pm 545 Broadway, Boardroom Exercise Class: Chair Yoga & Meditation 2:30-3:15pm 545 Broadway, Boardroom	<b>16</b> Kids Cooking 4-6pm 185 Young Street	<b>17</b> GFC Body Positive Workshop Series: Self Care & Stress Reduction 1-3pm 545 Broadway, Boardroom Good Food Box Order deadline 11am	<b>18</b> GFC Office Closed	<b>19</b>
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b> GFC Mini Market & Good Food Box Pickup 3-6pm 185 Young St	<b>24</b> GFC Body Positive Workshop Series: Health at Every Size 1-3pm 545 Broadway, Boardroom	<b>25</b> GFC Office Closed	<b>26</b>
<b>27</b>	<b>28</b>	<b>29</b> Mr & Mrs Potato Head Cooking Class 11:00am-1:00pm 185 Young St, Kitchen	<b>30</b> Kids Cooking 4-6pm 185 Young Street	<b>31</b> Good Food Box Order deadline 11am	<b>Upcoming Markets:</b> Wed, Feb 6/19 Wed, Feb 20/19	<b>MARK YOUR CALENDAR:</b> Snoball Winter Carnival Sat, Feb 2nd 185 Young St 12-4pm



For more info visit: <http://www.westbroadway.mb.ca/good-food-club> call: (204) 774-7201 ext 6  
 Facebook: <https://www.facebook.com/goodfoodclubwpg/> email: [goodfoodclub@westbroadway.mb.ca](mailto:goodfoodclub@westbroadway.mb.ca)