

The Broadcaster

WEST BROADWAY NEWS & VIEWS

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Photos by Oanh Pham

We want to hear from you!

By **Molly McCracken**, Executive Director, West Broadway Development Corp (WBDC)

What do you want to see in West Broadway in the next five years?

We are gathering information from residents, businesses and other stakeholders to create a new five year community plan that will identify priorities and an action plan. The goal is to make West Broadway a safe, healthy and vibrant place to live, work and play.

Community planning works with the neighbourhood to identify priorities and actions to address shared concerns. This plan can then be used to focus efforts to make the neighbourhood better, for example by channelling funding to a particular issue. It also can help influence governments, by bringing systemic problems to their attention. A community plan is a non-statutory plan, this means it is not brought into bylaw at the City of Winnipeg, but is rather presented at all committee levels of government and is referred to when they work with the West Broadway neighbourhood.

Planning does work. The last five year community

plan helped direct WBDC's efforts in the neighbourhood. For example, in the past four years 75 units of low income or affordable housing were built or renovated and 173 homes and apartments received \$173 in exterior fix up grants (PIP). \$200,000 was granted through the small grants program to over 100 projects in the area, for example Spring Clean Up, Snoball Winter Carnival and the Art City Parade.

This time around, WBDC is introducing information on how other communities have reduced poverty. For example, the City of Waterloo used a poverty reduction framework to help 500 long term unemployed people to find work or start their own businesses. Poverty is an underlying cause of many of the challenges facing people in West Broadway, we're excited to work with you to figure out how we can help those dealing with poverty on regular basis.

Please take some time to get informed and involved in the planning process. **A Community Forum and Resource Fair is taking place on Saturday, November**

27th from noon-3:30 at Crossways.

Concerned about tenant issues and housing? Please come to the Housing Forum, Tuesday November 30th from 6:00-8:30 pm at Crossways. Please RSVP at 774-7201 ext 1 for these events. Childcare and food will be provided at both events.

An online and paper survey is also being circulated for feedback. It can be found at popular locations around the neighbourhood. Respondents can win a brand new Diamondback Extreme mountain bike! Small group discussions are also available to groups in the area. For more info please call 774-7201 ext 4 or stop by 608 Broadway.

Please tell us what the most important positive changes you think need to take place in West Broadway, it can make a difference.

For more info: www.westbroadway.mb.ca.

Housing is a Right: A Day of Action

By **Brian C. Grant**, Housing Development
 Coordinator, WBDC

200 brave and committed people from all walks of society and from various community agencies showed up on the Legislative grounds to demonstrate their support for a National Housing Strategy for Canada.

Winnipeggers on their way to work saw red tents, demonstration placards and handouts like "Housing is a Right". The protest is because Canada is the only G-8 nation without a long term housing plan to provide affordable housing for all Canadians. Clark Brownlee, from the Right to Housing Coalition, one of the organizers of demonstration said, "Today's strong turnout shows there's considerable public support to lobby the Federal Government to take concrete action to end the housing crisis in Canada" and "Tomorrow's House of Commons vote on the third reading of Bill C-304 could finally establish a national housing plan for the country".

Joining the Red campaign was local West Broadway community organizer Kerri Scott from Resource Assistance of Youth (RaY). In addition to youth not finding affordable housing, Kerri and other demonstrators spoke about how newcomers, Aboriginals, low income households and seniors are just some of thousands of Winnipeggers that are going without safe, good quality and affordable housing in the city. It is hoped that this piece of federal legislation will put Canada back on top of the world's stage of countries that promote that. Housing is a Right.

The National Housing Strategy bill C-304 was drafted by MP Libby Davies of Vancouver-East and went for third reading on October 20th at the House of and is



Brian Grant and Kerri Scott

still before the House of Commons. Reliable estimates place Canada's homeless population at somewhere between 150,000 and 300,000. An additional 1.5 million Canadian households are in "core housing need". This means that they are spending more than one third of their income on rent, putting them at significant risk of losing their housing. Housing advocates say it costs \$48,000 a year to leave someone on the street compared with \$28,000 a year to house them.

West Broadway Development Corporation was proud to be one of the sponsor organizers of the event along with Right to Housing Coalition, Social Planning Council of Winnipeg, Winnipeg Harvest, and many more individuals and community agencies. More information: www.redtents.org.

The Broadcaster

West Broadway Broadcaster is a non-profit community paper based in the community bordered by Memorial to the East, Maryland to the West, Portage to the North and the River and Cornish Avenue to the South. Its purpose is to give voice to the interests, struggles and achievements of people in the community.

West Broadway Broadcaster will not knowingly print anything, which is unjustly discriminatory. The views expressed do not necessarily reflect the views of the Publishing Committee.

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TO CONTRIBUTE:

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All submissions may be edited for length and style. The Publishing Committee reserves the right to not publish submissions.

The Publishing Committee makes decisions about any honorarium for contributors. Contributors who work but do not live in the community, and people whose contribution is part of their job, do not receive honorariums.

If you wish to make a submission to the West Broadway Broadcaster, please drop off at 608 Broadway or email broadcaster@westbroadway.mb.ca by February 1st, 2011.

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Remembrance Day and Choices We Make

By Marlene Vieno

Although Remembrance Day is over for another year for some people, like me, Remembrance Day is every day. It is a day for us all to remember, respect and be grateful for the courage and sacrifice made by our comrades, so that we could live in freedom. Personally, I am very, very thankful and proud of our military forces.

This year marked the 65th anniversary of the end of WWII in 1945 and Winnipeggers have plenty to be proud about because several Winnipeg soldiers gave their all. When it ended these brave men and women were honoured with the highest award, the Victoria Cross. Many of our streets, roads and lakes are named after our fallen comrades, honouring them for their sacrifices for our freedom today.



Unfortunately, we have many of our military overseas in Afghanistan for nearly the length of time as the two World Wars. Will there ever be peace amongst us? We can do it. Peace will require a change in every one of us in some way or another, especially our attitude. Just think about it.

Here in West Broadway, over the past twenty years, we residents have really enforced change for the better for everyone in this neighbourhood. A major key to our success is respecting each other as a person and acknowledging how different we are individually and learning to accept each other. At the same time, acknowledging what changes in our attitude about certain things we need to work on changing.

We began from scratch, with just the commitment and earnest determination of a few concerned residents. Support from small business owners and constituency politicians, from all three levels of government came through brainstorming ideas, suggestions, solution together with the problems and prioritizing the problems/ issues onto an agenda. From there, it gave us a platform to work with and we started to construct a safe and healthy living for everyone to enjoy.

Personally, I believe a person's attitude is the key to success in everything life holds for us. Often we see or hear something strange and decide to shrug it off rather than learn what it is. I believe that digging deeper into ourselves and learning to bend in one's life journey, we can live in harmony and peace. So friends and neigh-



bours as we celebrate the Holidays and enter into a New Year, please remember how we acquired this time of peace and joy. Let's honour our fallen comrades past, present and future. With deep faith in 2011 most will return home safely.

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 CREDIT UNION



New Roof at Crossways in Common

By Ian Sutherland and Margaret Rowley

This fall, there has been even more activity than usual at 222 Furby Street, Crossways in Common. Due to a series of leaks, part of the roof at Crossways is being replaced by Allied Roofing, Inc.

Crossways in Common is an extremely important player in the life of the West Broadway area. Crossways has been in existence for 18 years, and is an umbrella not-for-profit organization comprised of six partners active in the West Broadway area—West Broadway Community Services Inc., West Broadway Youth Outreach Inc., Day Nursery Centre Inc, Artemis Housing Cooperative, Hope Mennonite

Church and Young United Church.

After the Young United Church heritage building was burned down in 1987, we met with the West Broadway Community to determine the wishes and needs of this area. We learned that there was a great demand for a welcoming place for groups and individuals to meet in a handicap accessible building. Arising from those meetings, Crossways in Common was formed with the above partners.

These partners offer a variety of services for the community. Many people come for: programming, eating, socializing, showering, to do laundry, learn how

to cook, to study, to worship, make job applications, income taxes help, accessing social services and to live in an affordable handicap friendly apartments. Many come to share their talents and have the fulfillment of volunteering.

In addition, there are major organizations that use space in Crossways to support their activities, such as Horizons Learning Centre, and Kikinaw Housing, Inc. as well as the regional office of Mr. Rob Altemeyer, MLA from Wolseley. There are literally dozens (over 30) of organizations that use the space on a casual basis. Many of these are local community groups with very limited resources who can use the space at heavily discounted rental rates, while other groups are city-wide organizations. For one month alone, December 2008, there were more than 8,000 person visits. This facility is available to the community of West Broadway (and beyond) without any direct government funding for operating costs, the whole of this expense being borne by the partners alone. However, for major capital projects such as a roof replacement, we have to depend on fundraising from government and private sources, and we have had exceptional support from both private and government funding agencies.

The project is to replace part of the roof on the building. Leaks in the roof started to appear a few years ago, and starting in 2005, volunteers have undertaken repairs where possible. However, some of the

leaks have proven very difficult to access, and with an aging group of volunteers, it became unsafe to either ask or allow them to undertake more repairs. Coupled with the assessment of the roof and the materials, we have determined that it is necessary to replace the roof

The cost of replacing the whole roof is estimated to be \$300,000. However, the two components that are in the worst shape can be replaced at an estimated cost of \$140,000 including taxes, and design and inspection fees. In addition however, we need to replace a cracked skylight.

We have been generously supported by external funders. Thanks to the support of Jenny Gerbasi, Councilor of Fort Rouge-East Fort Garry Ward, one of the first grants was a Community Incentives Grant from the City of Winnipeg. Other funders have been, Winnipeg Foundation General Community Funds as well as their Triple A Fund, Neighbourhoods Alive, Manitoba Community Services Council, and Investors Group. We have also benefitted from advice provided by many people and local organizations such as West Broadway Development Corporation.

It is planned that this phase of the repairs will be completed by the middle of November.

By keeping the building in good repair we hope to continue providing space for these people and activities to help nurture this community.



Photo by Oanh Pham

Keeping Christ in Christmas

By Guy Ferraton

When I hear the opening lines of John Lennon's Christmas classic, "And so this is Christmas...and what have you done..." without fail, I'll always stop and ponder my guilty answer. I'll think about how much of a heartless egotist I'd been over the past 12 months. And yet, each and every time I hear those opening lines, I get picked up by the lyrics following right after: "another year over...a new one just begun..." In an instant, my darkness gives way to a radiant message of hope...hope in a new day, a new year, in a better tomorrow. And all of that, cloaked in that peaceful Christmas feeling.

When I hear John Lennon singing that song, I also ponder on how he actually mentioned the word "Christmas",

and got away with it. That was then (early 70s). Now, you can hardly do that in public anymore. Christmas is called by some: "season" (as in "season's greetings", "holiday season", etc.) and by others, "Christmas" (as in "have a blessed, peaceful, merry, etc. Christmas"). In the word Christmas is Christ, the son of God. We celebrate Jesus Christ's birth: that's the basic idea.

Now, as a Christian and believer in universal good things for all, may I offer a pop/religious take on this time of year? Actually, rather than trying to find all the right words, if you don't mind I'd like to rather, to make a simple toast. I'd like to propose we raise our glasses high to the belief in hope for all. Chase your bitterness of the past away, it's "...another year over...another just begun..." Let's share a

toast to good days to come, turn the page and see things work out.

Have you ever noticed how, around Christmas, that spirit of peace just seems to inhabit all things? People are smiling and sharing. Those who wouldn't usually, are giving; and something cool goes on everywhere. I see—and feel—in the air something saying: love and peace for all!

Yet, we also ask, is there really hope? Would you not believe John Lennon in his quest for peace? He would say that there is hope. How about Jesus Christ? Same answer. Hope and pray that from sickness springs health, for your families to be safe and warm, that we on earth always pray and hope, as did Jesus and John, for a peaceful world.

Have a Blessed, Merry Christmas... Full of Hope of Peace All Year Round!



Misericordia Gets an Overhaul

By Linda Moore

The Misericordia Health Centre is re-building after over 104 years. Built in 1906, the Misericordia Health Centre's main buildings have never been rebuilt.

According to Rosie Jacuzzi, President and COO of Misericordia Health Centre, the building was constructed so long ago that the Misericordia Sisters who built it couldn't possibly have predicted the current health care realities. As a result of years of hodgepodge adding and subtracting to the structure, the building doesn't operate in a logical, stream-lined fashion. For example, the current design requires patients with broken bones to travel a significant distance from the Urgent Care department on the main floor of the Cornish Street side of the building, to the

X-ray department on the fourth floor of the Sherbrook side of the building.

These inconveniences and inconsistencies will soon be a thing of the past. If all things stay on course, the Misericordia Redevelopment Project is set to begin in the spring of 2011. This project will be comprised of two phases and be completed over a course of five years. One of its major goals is to turn an outdated, impractical, and unplanned building into a "purpose-built health complex to house expanded and new programs". The project was discussed at a community information session on November 2, 2010.

Phase One will be the more ambitious and practical of the two phases. This phase, which will occur over a three year span, will see the four-storey Maryland South building demolished and a new two-storey building take its place. Within the new

structure the Ambulatory Diagnostic Centre will be housed adjacent to the Urgent Care facilities, making it easier to streamline and expedite patient care.

The first floor of the building will also accommodate the new PRIME program. This program is a system of care for seniors that provide everything from doctors and rehabilitation to personal care and social activities. Described as a "one-stop shop for seniors", the PRIME program was inaugurated a year ago at the Deer Lodge Centre and has found success there. Because Misericordia already deals in long-term care for seniors, starting the PRIME program in the new facilities seemed like a natural fit.

Housed on the second floor will be the Eye Care Centre of Excellence. The centre is home to the Lions Eye bank and will also become the new University of Manitoba Ophthalmology Residency Program. Currently students wanting to study in this program have to go out-of-province. There will also be a roof-top garden floor

for the enjoyment of residents.

Phase Two will focus much more on aesthetics with the biggest changes being a new Misericordia chapel, a new front entrance and a "two-storey glass-walled atrium". This phase is set to begin in 2014 and is expected to take roughly two years.

The architects in charge of the project, Number Ten Architectural Group, predict that there will be a minor disruption to traffic flow while they work on the Maryland South building during Phase One. They believe one lane will have to be shut down to accommodate construction. There should be no interference with traffic during the Phase Two construction.

The Misericordia Health Centre Foundation is committed to raising \$5.5 million of the cost of Phase One with the Provincial Government contributing the remainder. The project is expected to be put out to tender in early December.



MISERICORDIA HEALTH CENTRE | EAST ELEVATION



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Information provided by the partnership of the Winnipeg Health Region, Southern Chiefs Organization, and the Aboriginal Health Transition Fund.

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Fabulously Frugal Holiday Tips

By G. A. James

The goal here is not to be cheap—it's to give thoughtful presents without breaking the bank.

- If you are putting on a Christmas dinner, make it a potluck and ask invited guests to bring a dish or two.
- Hold an open-house, tell your friends to stop by, let's say between the hours of 2-5 pm on a certain day. Prepare simple finger food such as assorted veggies, and dip, and **SOCIALIZE**.
- Attend a Christmas pageant in your community.
- Pick up library books and study Christmas traditions in other countries.
- Write a chapter of your family history each year. Pick a topic, and each family member will write about it. Write about your favourite Christmas, the house you grew up in, and maybe how you met our significant other.
- Have a Christmas movie day and watch Christmas movies
- Go skating as a family, if not play in the snow and build a family of snow men.
- Volunteer at the local soup kitchen, or volunteer to deliver food to shut-ins.
- Get out the board games, the kids will love spending time with you.
- Playing cards is always fun, even when the kids are little
- Instead of purchasing a Christmas tree, make decorating your home a family event.
- Have a warm and cozy Christmas the old-fashioned way. Pop some popcorn and string it up all over the house!
- Sit around a warm fire, or cozy up in the living room with blankets and hot cocoa, and tell family stories. Or have everyone take turns saying how they have been blessed throughout the year
- Not every gift needs a card. Give a card when you have a long message to write, and tape it to the person's gift. If you only need to write who the gift is to and from, use a gift tag instead.
- For family gifts, board games, book sets like the Chronicles of Narnia, and kitchen products like homemade ice cream makers, can be enjoyed by kids and parents alike.
- Cover a box or jar with Christmas paper & put slips of paper in it that say "I love you because..." and then have your kids fill out reasons. Also slips that say "I appreciate you because you..."
- Do-it-yourself. Homemade gifts are fun to produce, and are generally more

valued by the recipient. Homemade baking mixes: with big bags of ingredients you have the bases for several different kinds of baked goods.

- Secret Santa: If you have a group that's keen on the idea, Secret Santa can be a fun and inexpensive way to participate in the holiday season on a minimal budget.
- Personal gift certificates: these are gifts of time. Give new parents a gift certificate for a night of baby-sitting so that they can enjoy a night on the town.
- Love coupons. Sounds sappy, I know. But it was nice to be able to come home at the end of the day and redeem a coupon for a back rub, or for an evening watching a favorite movie.
- Kids can make gift certificates offering services, such as babysitting, doing household chores.
- You and your kids can make craft items and give them as gifts to family members.
- Skip the Christmas gift wrapping entirely. Have them hunt through the house for the gifts (of course your gift will have a Christmas gift tag on it).
- Send postcards or letters, instead of Christmas cards. Plus, you can buy blank postcards and put your own design on them to personalize them.
- You can even cut your old Christmas cards from last year in half, and send the pretty side as a postcard. I did this many years and it works great, plus you're being 'earth friendly' by keeping new cards out of the garbage dumps.
- Use your children's artwork, or create your own on plain paper. The large reams of packing paper are great for this; contact anyone who's in the process of moving!
- Make a short phone call at five cents a minute, a seven minute call would still cost less than a postage stamp, and your loved ones would probably much rather hear your voice than receive a card in the mail.
- Shop for holiday supplies the day after Christmas. Retailers offer deep discounts up to 75% off of holiday supplies the day after Christmas. Stock up for next year by purchasing wrapping paper, decorations, and more during this huge clearance sale.

"Peace on earth. Good will to all, 365 days of the year"

For more ideas on how to celebrate Christmas Fantastically and Frugally. Send an email to fabulouslyfrugal@live.com.

Petiquette

By Debbie Wall

My name is Debbie Wall. I have worked as a veterinary assistant for 30 years. I have been a resident of West Broadway for 25 years and I am grateful to the Broadcaster for giving me the opportunity to write this column. I hope folks find the information useful and I would be happy to answer any questions of a general nature you may have that I am qualified to answer. Questions regarding a specific medical condition a pet may have are best addressed by a veterinarian.

HINTS FOR THE HOLIDAYS

The holidays can be both busy and exciting. The Christmas tree is a source of many potential dangers for our pets. Bringing anything new into their environment is an invitation for investigation. Animals do much of their exploring of the world by putting things into their mouths. Add all those shiny decorations and a tree can be too much to resist!

If you opt for a live tree, keep your pets away from the water which may contain fertilizers or be stagnant and full of bacteria. Whether it's living or artificial, chewing on the needles has the potential for causing stomach upsets if they are swallowed. The tree may need to be secured so that it doesn't topple when your cat tries to test out her acrobatic skills. In some cases it may be necessary to set up a baby gate or use a repellent type to spray such as a bitter apple.

Shiny glass ornaments are dangerous if a pup bites into one or your kitty uses it for batting practice. "Stringy" types of decorations, such as tinsel or ribbon, pose a particular hazard if ingested. Vomiting, lethargy and lack of appetite are signs that your pet could be in trouble and should be seen by a veterinarian. If some string manages to pass through your pet's digestive tract and appears at their "back door", do not attempt to pull it out as this could cause tearing of delicate tissue. Cut off excessive amounts that are dangling and call your veterinarian for advice.

An ounce of prevention is always worth a pound of cure. You may want to consider decorating only the upper part of the tree, leaving that part within "paw's reach" either bare or decorated with ornaments that are less attractive such as a pine cones or fabric. Avoid the possibility of electrocution by spraying lights and wiring with bitter apple and hid wires underneath a piece of carpeting. Also make sure your pets don't get into the gifts and chew and swallow the small pieces.

Be careful about what living plants you choose to decorate your home. Common holiday florals such as holly, mistletoe and



poinsettias may vary in their toxicity but can cause nausea, vomiting, diarrhea and lethargy. Most varieties of lilies can cause kidney failure in cats. You can go to www.aspc.org/pet-care/poison-control for lists of poisonous plants. You may want to select artificial arrangements as an alternative.

The smell of special holiday cooking will get everyone's mouth watering, including your pets! If they are not used to having different types of foods, just give a small amount to avoid digestive upsets. Avoid foods that are fatty, greasy, sugary, salty or spicy. Theo bromine is a component of chocolate that can be toxic to dogs and cats and ferrets. Grapes and raisins can cause kidney failure in dogs. Low fat meats, tofu, plain potatoes or rice and vegetables other than onions are all safe bets. Do not allow your pets' access to alcoholic beverages.

The decision to bring an animal into your life is one that should be made with good deal of forethought and preparation. Do not give a pet as a "gift" to someone who may not feel that they have the time to properly look after them. Even a goldfish requires a minimum amount of care. And even if you have had the discussion, the busy holiday season is not a good time to introduce a new pet into your home. For this reason, many shelters close for adoptions close to Christmas. Perhaps you could put a dog bed with a collar and leash under the tree with a note that the newest family member will be arriving after the flurry of activity is over.

The wonderful thing about animals is the unconditional love that they give us. Don't forget to give them pats and attention during this busy season and include them in family activities. If you have any concerns, please call your own veterinarian or the Winnipeg Animal Emergency Clinic located at 400 Pembina 452-9427. Hopefully some of these hints will help make the holidays safer for you and your animal friends.

Announcements

Child Find Manitoba Finger ID Program

Wednesday, January 14th, 1-4 pm

Wolseley Family Place

691 Wolseley Avenue, lower level (wheelchair accessible)

This free service offers vital information for a parent in the event their child goes missing. **To register or for more information, please contact Chris Kolba at 788-8257.**

Enter to win a Great Escape with Wolseley Family Place and West Jet. The prize is tickets for two to anywhere West Jet flies. Tickets cost \$3.00 each and can be purchased at Wolseley Family Place at LL-691 Wolseley Avenue. Draw: December 17th at noon.

West Broadway Youth Outreach

Holiday Party permission slips are due Nov 30th. No late slips will be accepted.

Contact Ken and Emma at 774-0451 or wbyo@mts.net. For full activity calendar please go to www.westbroadwayouthoutreach.com.

West Broadway Community Forum & Resource Fair

Saturday, November 27th, 2010

Crossways in Common

222 Furby St., Second Floor

Noon-1:00 pm: Open House and lunch

1:00-3:30 pm: Presentations and discussions

Please register at 774-7201 ext 1 or info@westbroadway.mb.ca

Lunch & childcare provided

Housing West Broadway Forum

Tuesday, November 30th, 2010

Crossways in Common

222 Furby St., Second Floor

6:00-8:30 pm

Please register at 774-7201 ext 1 or info@westbroadway.mb.ca

Dinner & childcare provided

That's GARBAGE!!

West Broadway's back lanes are too often littered with poorly disposed of garbage. Throughout the winter, garbage builds up around neighbourhood dumpsters, often covered by snow and forgotten about until spring. Please help us keep our community clean and safe this winter!



- Always throw your garbage directly into the auto bins (dumpsters). Auto bins are emptied by a mechanized truck and the drivers do not get out of the vehicle to clean up around the bins. This is our responsibility!
- Do not throw large furniture items (couches, beds, stoves, etc) into the auto bins. Place bulky items beside bins and call 311 to report and have them picked up.
- Bulk waste pick-up is FREE in downtown Winnipeg! Call 311 and report any bulk waste items you see in your back lane. The phone call is easy and takes only a few minutes.

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Good Food Club Corner



By Tammy Klos, Coordinator

The Fall Feast, held on September 28th was a huge success! Dinner was delicious, the pumpkin pies were even better and we raised over \$250 with the silent auction. Thanks to all of you who helped out and attended.

The fall has arrived and so have the Cafés, Good Food Boxes and the Cooking Kitchens. **If you are interested in participating in any of the fall/winter activities, call or email me @ 774-7201 ext 6 or goodfoodclub@westbroadway.mb.ca for more details.**

Cooking Kitchens will be held at 222 Furby St., 4:30–8:30 on Tuesdays. Dates are November 16, December 14 (possibly), January 25, February 15, March 1, March 15 and March 29. If you are interested you must let me know by the Monday before each event.

Space is limited so call early to reserve a spot.

Have you heard of the Good Food Box? The Good Food Box is a selection of mostly fresh veggies and some fruit along with 1 or 2 other items like flour, rice, oats etc. that is delivered to your door once a month. Those members who have earned “Sweat Equity” with the Good Food Club may use 80% of their “SE” towards the price of their box. So that means that each month you receive a variety of items that are the best price, most local, and best looking. I will try to keep up the variety as best as possible.

Small box is \$15.00

Large Box is 25.00

There is also a onetime \$5.00 refundable deposit for the bin.

Good Food Boxes will be starting in November. You must order, bring your bin and pay for your box by the Friday before the boxes are ready for delivery or pick up at Broadway Neighbourhood Centre.

November 23, order and pay by Friday November 19

December 21, order and pay by Friday December 17

January 18, order and pay by Friday January 14

Cafes will be starting in November and will be held on the main floor, Crossways, 222 Furby St. at 6:00 pm. Cafes will be held on:

December 7

Holiday Dinner, January 11 (second floor)

February 8

Dates subject to change, please look for posters around West Broadway a week or so before the event.

If any members are interested in helping with prep, serving, clean up for the cafes or in assembling the Good Food Boxes please call Tammy at 774-7201 ext 6. Remember you earn “Sweat Equity” which can be redeemed for healthy food when you help out with Good Food Club Activities.

Please remember to renew your Annual membership. If you are unsure of when your membership expired, either look on your member card or call Tammy.

\$5.00 Active/Low income

\$25.00 Supporting/Middle income

\$50.00 Organizational

Thank you for your support of the Good Food Club!

the West Broadway SNOBALL Needs Youth Size Ice Skates and Winter Clothes!

We want
EVERY CHILD
to have a chance
to skate!

and
participate!

SNOBALL
is on Saturday,
January 22, 2011.

Please bring donations to the Broadway Neighbourhood Centre 185 Young St.
For more information email snoball2011@gmail.com Thank you!

Artwork by Kaseem and Mercia

City Councillor Jenny Gerbasi



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**Proud to Represent
West Broadway!**

The Broadcaster

IS ALWAYS LOOKING FOR WRITERS. IF YOU HAVE A STORY THAT YOU WANT TO SHARE, OR NEED TO GET SOMETHING OFF YOUR CHEST OR IF YOU NEED EXTRA CASH (WEST BROADWAY RESIDENTS GETS AN HONORARIUM) THEN CONTACT OANH PHAM AT 774-7201 EX 1 OR BROADCASTER@WESTBROADWAY.MB.CA FOR MORE INFORMATION.